

WHAT TO EXPECT DURING YOUR PRENATAL VISITS

We know that you are very excited about your pregnancy and we want to tell you about what to expect during your prenatal visits. This is the usual schedule of visits and expected procedures but this can change if the doctor feels that it is needed. Remember that this is only a guideline to help you plan for your prenatal visits.

First Prenatal Visit	<p>Routine lab work to include:</p> <ul style="list-style-type: none">Complete blood countBlood type and RH factorAntibody screenSyphilis screenRubella screenHepatitis B surface antigenChlamydia cultureGonorrhea cultureGroup B Strep cultureHIV screen (if desired)Cystic fibrosis screen (if desired) <p>Complete history and physical to include:</p> <ul style="list-style-type: none">Pap smear (if not recently done)Urine culture <p>Plan your prenatal care and answer any questions</p>
1 to 2 weeks after first prenatal visit	Ultrasound to confirm your due date if you have not already had one
16-18 weeks gestation	Quad screen (if desired)
20 weeks gestation	Ultrasound to view your baby's anatomy
26-28 weeks gestation	One hour blood glucose level screening for gestational diabetes RH antibody screen if your blood type is negative
30 weeks gestation	Rhogam shot if your blood type is negative
34-35 weeks gestation	Syphilis screen Group B strep culture if your culture is negative

Your prenatal visits will be every 4 weeks until you have your diabetes screen. After that screen, your visits will be every 2 weeks. In your last month of pregnancy you will come every week. Every visit will include listening to your baby's heartbeat after 10-12 weeks gestation. In the last month of your pregnancy we will check your cervix to see if you have dilated any. Remember that this schedule can change. This is just a guideline and changes in your health and pregnancy can change the schedule of events.